

104th May Call Celebrations, Bangalore
Discourse 7 by Master K. Parvathi Kumar
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Hearty fraternal greetings to and good wishes to all the brothers and the sisters.

In relation to Master Yoga, another important dimension is the New Age astrology in contrast to the traditional astrology. The energy that visited the Master has entrusted different functions to planets contrary to the functions they have been carrying out in the past. Planetary adjustments have happened with the advent of the energy of Uranus. Mostly through Sun and Moon, the rays of Uranus are transmitted to us. Uranus is an energy system that functions for 5 solar systems. This energy has given additional duties to the planets.

Saturn is regulated in a manner that humanity is compelled to take to a rhythm to grow. The regulations relating to Saturn were conceived by the Master and he gave out 30 such regulations. Saturn stands for limitation. Limitation to liberation is the way of Yoga. Everyone has to work with his own Saturn. In the beginning, relating to Master means relating to Saturn. Saturn causes certain limitations in our thoughts, in our attitudes, in our behavioural system as such. The desirable dimension of Saturn is, it is consistent, it is stable and it fixes you firmly. If Saturn is good in the horoscope, the man stands by commitment and he does not waver. The undesirable dimension of Saturn is that it is so fixed that it loses flexibility. When you are fixed to certain things, in a changing situation you do not change. Generally the mobility is also affected. The ability to adapt in all the planes is also affected. There should be enough flexibility along with stability. The regulations given by the Master, which is also worked out through prayer, give adequate flexibility along with stability. You are committed yet flexible. Commitment is required to consistently do things. When you consistently do things normally the psyche is accustomed to them and you are stuck in them. You should tend to be regular but not get stuck. People are stuck with their families, business and ideas and so on. Unless you stick to an idea, you won't consistently be doing it but consistently doing the same thing forms a habit and you are stuck with it. That is the other aspect of it. You create a habit to be consistent but that habit itself creates a ring around us. That is the sticky part of Saturn. You feel uneasy if you don't take coffee in the morning because you are stuck to it. If you do not do all that you do daily, you tend to feel uneasy. When you do not do, how much do you suffer? It also applies to prayer. While in a journey, you cannot take bath before doing prayer. If you feel much that you did not take bath before prayer, it is a limitation.

Master works out where there is stickiness to see that you are out of it. You may have your morning coffee, morning bath, change of clothing but sometimes if it is not possible, is your psyche affected? You are sitting in a chair for the last 3 days, if someone else sits there today, are you comfortable or not? You are disturbed if someone else sits in your chair. This is undesirable. To do regularly is a virtue. At the same time, by doing regularly, if you are conditioned by the habit of doing, it is undesirable. If someone takes your pen and uses it without your permission, it is his indiscipline but then you need not get disturbed.

Likewise when there is a higher function, the routine lower functions have to be set off. Suppose you have a habit of doing daily Morning Prayer here in the group and later do puja in your house. When there is group life like this, there will be discourse after prayer and you cannot perform Puja in your house; are you disturbed by it? Likewise if you are doing one good job and if a higher situation prevails, are you willing to be flexible to adjust

this for that? Without this flexibility, you get stuck. People are also stuck in their own ideologies. You can serve the ideology but you should remain the Master of it.

When a higher energy prevails, the lower activity should get submitted. That is how you should have the flexibility. Otherwise whatever you have committed to conditions you; your job conditions you, your family conditions you, thoughts condition you. It does not let you grow. On this aspect, the Master works very emphatically and effectively. He always provides the contrary and sees how you respond to a contrary situation. He is also called "the Master of contraries". That means, when you are expecting something, the contrary would happen. We don't want rain on our group living days, the rain will come because you don't want it. Not wanting is also a desire. Many times in Guru Pujas in India, we had rain. Many times for May Call in Europe, we had rain.

Master eliminates your tendency to get conditioned. When a man is particularly fond of particular place, he is immediately shifted. He doesn't want us to develop roots into matter. If you are too fond of something, you are made to detach from it. This is what is called 'Saturnian training'. Saturn helps us not to get into extremities of thinking. There is commitment yet there is flexibility. Likewise there is a state of non-expectant mind because every expectation has the other side of it as disappointment. When there is no expectation, there is no disappointment. When this non-expectant mind is achieved, a lot of psyche is released. We expect certain people to behave in a certain manner. Husband and wife have expectations on each other. They have expectations on their children. We want people to work according to our understanding. In all this expectations, there is disappointment. More the expectation, more the disappointment. If you do Yoga with lot of expectation, you are disappointed with yoga because your mind is more with expectation than the real practice.

Master CVV trains us in such a manner that we come out of this disease of expectation. Likewise he deals with our ability to wait. Waiting is such a boring thing. If the train is delayed by 30 minutes, we are very frustrated. If the train is delayed by 3 hours, how frustrated and irritated we are. We criticise our rail enquiry systems. They generally do not respond. India is the best place to learn about Saturn because nothing works according to our expectation; be it anything. There are no standard parameters. When it comes to system, there is uncertainty and when it comes to persons, there is even more uncertainty. We do not know how the other person behaves the next day because each one is inconsistent. A normal human being is driven by mind. Mind is an inconsistent flickering energy. Like the Moon phases, man has moods. One day he smiles and another day he does not. Like that in every simple act, Master ensures that you live without any expectation from the surroundings. Therefore you are never disappointed.

This is another dimension Master tries in relation to Saturn. He tells that these are all the required steps to Yoga. Great Seers have demonstrated this. They live without any expectation from the surrounding. If a man behaves unreasonably, a saint is not disturbed. What is the difference between a man and a saint? It is in the degree of expectation.

This is a dimension of Saturn which is strained in the initial stages. People are put out of their likes and dislikes. People live with strong likes and dislikes. Depending upon the strength of like or dislike, there is pain or pleasure. If the like is intense and that like does not take place, the pain is intense. Intense pain comes out of expectation.

Master himself stated, "I am a Master of Contraries". Is it fair to be so? What kind of teacher he could be? He does it purposely to ensure that you grow out of your strong likes

and dislikes. They cause strong pain or pleasure. Neither of them is permanent. This upward and downward movement is strenuous. He therefore evens out in a very good way. That is why many times it is the experience of the student that anything that is strongly sought never happens. It is to help you overcome the like or dislike. This is a Saturnian regulation to put you out of your own conditioning. He prepares you to accept the contrary. If you are able to accept it, you have transcended a huge hurdle in your life. He made a statement, "Expect the Unexpected". It's an aspect. If you prepare for the worst, you are never disappointed.

Therefore on the path, as you do these prayers, you should continue to do your ordained activities without any kind of expectation. To remain without expectation and to do what is to be done is already a stride forward into the healthy cycle. If you see one's own life, many things that we don't like do happen. Many things that we like don't happen. It may not be so in all the cases but many times it is so. Is it not? Life is such. Life teaches you to accept events as they come and do what is to be done in relation to it.

This is what Master teaches you before he treats you with Venus. The comfort of life, the beauty of life, the true experience of life is for those who live beyond likes and dislikes. The whole work of nature is to make you learn to relate to the bitter thing as much as you relate to the sweet thing. Too much association between 2 persons can work out to be bitter later. Only friends become enemies. This is because too much interaction out of liking generates its counterpart.

So it is a Golden Middle that you follow. You accept things in whichever way they come and work with them. This is the beauty of the Master.

When Master EK wanted to make a tour within India, suddenly a phone call comes that someone is deeply sick and needs medical attention. Should he go on travel or should he attend to the sick? He used to ask me just to know how I respond. I used to tell him, "Attend the sick first." Then he used to smile because that is the answer for him. If you say, "Let us go to the train, some other will take care of the sick", he will dump you there and go to the sick. We used to go to the sick. Then he used to ask, "Would the train still be there for us to catch?" The normal logic says no. But I used to tell him, "Let us try." As we were going to the station, he gets another message that someone else is sick and we went there. Having attended the 2 patients, we went an hour late to the station. The train came just as we entered the station. Then Master EK told me, "If you do what is more important, the less important things wait."

When you do prayer, you are never disturbed. But if you think something is more important than prayer, that something which you attend will not yield results. Mostly we take excuses in the evening for not doing prayer saying that something else is more important. If you do prayer, you will be in right time for that work. There is timing in nature when to do to bring the related success. Like this, through Saturn he arranges. When you are going to a place of your liking and if you are encountered by a duty, first do the duty and then go there.

We have the story of a cow going into the forest and being encountered by a tiger. The tiger says that it is hungry and wants to eat the cow. The cow says, "I have a child. I will feed it with milk and come back so that you can eat me." Feeding the calf is a nobler act. The tiger agrees. The cow goes back, feeds the calf and comes back. The tiger is pleased with the cow and lets it go. This is a childhood story. The moral in it is – When you are attending to an ordained duty, your liking can wait and will eventually get fulfilled. If the cow runs away, it is no use because the tiger would definitely catch it.

Likewise when you attend to service, your personal works are taken care of. If you attend to your personal affairs first, they always remain a riddle. This is a proven fact in the life of the students of this Yoga. If you are concerned about you, your problems remain with you and you don't get the help. But if you are concerned with the work of the Master and prayers, he is concerned with your problems. We saw this demonstration in Master EK's life.

When you frequently meet what you dislike, your psyche changes and you learn to accept it. We have many stories from the Scriptures. Rama was to be coroneted as prince but at the same moment he was sent on exile. Is it not horrible? Can there be a situation worst than this? When Lakshmana asked Rama, Rama says "This is what life is. This is what fate is. I have no expectation." That is why he was not disappointed when he was asked to go to the forest. This is what you have to learn. Always in life, you will be much better off if you dump the basket of expectations.

Wherever I go, I look for a decent bathroom. The general experience for long years was I get a room in a hotel where the bathroom is not good. Even our group members know and when they look for my accommodation on any tour, they first check up the bathroom and invariably in that bathroom there will be some problem. They choose the best bathroom and even then there would be some problem. Even before I enter, the Master is already in the bathroom☺. It happens in small things. I have learnt to accept it taking this as Master.

When you expect and the expectation does not work, that is the Master. When you don't expect, certain things come to you; that is Master. By this game, your psyche is evened out. When we plan for a programme like this, there will be some issue with electricity. Especially during your programme, there would be no electricity. We have seen all this and adjusted our psyche. You are prepared to meet the contraries. After a long time you go home and you find someone in the house sick. Or you are going on a tour and someone is sick. Accept that.

This is the training of Saturn that Master gives in a good way so that your psyche is not conditioned by anything. If you don't get your coffee, it's ok. If it comes, it's ok. So happening of an event or non-happening of an event has no deep impact on your psyche because in life, you are not the Master of the situations around you. You can be the Master of your own being. You cannot control the whole environment around you. This is the first training Master gives.

Master says, "Every planet obliges me. I have given new functions to them. There is a new astrology now." Therefore from the Himalayan Hierarchy and the Blue Mountains Hierarchy, there is the new astrology that was released. If you see the books "Spiritual Astrology" and "Esoteric Astrology" you see that the function entrusted to the planets is different from their traditional functioning.

A follower of Master CVV was a great philosopher. His name is Poturaju Narasimham. He is a great scholar and also a very advanced student of astrology. Once he wrote to the Master that according to his planetary configuration he is approaching death and this was confirmed by other astrologers as well. Master CVV replied, "The astrology you know is no more valid. According to the new principles of new astrology, you do not die now." The letters are still available in Kumbhakonam. Master even recommended him to restore all the books of astrology to the attic. That man lived for a very long time then after.

So astrology is given as a new dimension. Astrology enables you to learn certain

dimensions when you apply it in a different manner. If you know the energies of planets and sun signs and their functions, it is a matter of your intuition to see the recipe of a planet in the sun sign. There are different sides to a planet. There is the baser side and the higher side. According to the quality of the person, either side works. Astrology does not work in the same manner for all. Just because the placement of planets is in a square or in a trine, the astrologers interpret that this is favourable or this is unfavourable. It is not true. The truth is with the person. If he is a very qualitative person, the planets work different. If he is a very base person, the planets work different. With a thief, the police works different. With a citizen, the police works different. With highly reputed persons, the police works different. Likewise, men with baser qualities are conditioned by the planets, men with humane qualities are cooperated by the planets and men with very noble qualities are served by the planets. How do you know when you see the chart unless you feel the person? This is where astrology is to be interpreted in terms of individuality, personality and soul.

Individuality is feeling excessively special and separative about oneself. It causes problems to the person. Likewise the personality; it may be soft or hard. When some people fall, they do not get hurt so much. When some fall, they get hurt badly. Why? It's the difference in personality.

Once when we were in Puttaparthi, we were visiting the hospital. A boy of 11 years old suddenly fell from the 4th floor. All the doctors, nurses and parents ran to the boy but nothing serious happened. Normally anyone should die in such a case. Most of them attributed the miracle to Sai Baba. There was one serious-most doctor over there. He spoke to us and he told us that it all happens according to the energies. That boy has a very soft energy; that's why he doesn't get hurt. He narrated many situations like this. When people fall from the same height, each one is differently hurt. The degree of hurt is different and there may be someone who does not get hurt. It is the degree of rigidity or softness in the psyche. If you are soft, you are not hurt more. So the psychical adjustment is a very important factor in this Yoga. After working with the Yoga for 10 to 12 years, you are not excited by gifts or depressed by problems. You come to know that these things come and go and none of them is permanent.

As Master works with Venus in you, he gives you tremendous joy from small events. You don't need to make huge arrangements through entertainment. It happens daily through normal events. You tend to be very humorous and joyful. You tend to carry a smile on your face. When Venus works with you, you rejoice more. You can just rejoice a lot eating small things. You can rejoice on a platform while you are waiting for a delayed train. Normally we are irritated and we criticise the entire railway system. Once you are into the initial touch of the Master, you make best use of the waiting period. Engage in a good way so that you don't feel the delay. You turn even your painful things into humour. When you are sick also, you take to humour and heal faster. That is the best way; the best way of healing is, when you go to a sick person, put him to humour. There is a way to bring people into humour. You can yourself be humorous while being sick. It causes a very light ambience all around. These are the profound acts of healing which Venus offers through humour and through joy. It gives you the nectar of joy.

All this is before you; achieve this golden body. Once that body is attained, all this is silly. They don't exist anymore.

But in the initially years, you are trained with Saturn and Venus. He trains you with Mars to regulate the force in you. Mars in the lower planes is a fighter; Mars in higher planes is a

fighter for light within. Subrahmanya is devastative at the lower planes but at the higher planes he bestows bliss like a Cosmic Teacher. The force in you must be regulated. You should not move with too much speed or you should not move sluggishly. If you are too forceful, you are sure to hit something somewhere. Martians always get into a head long collision and break their head. The force is too much that it breaks your head; you get frequent headaches. Those who get headaches regularly, you can look into their horoscope, you find the Mars in a wrong place.

Master turns all your adverse placements in the horoscope into positive dimensions. That is the greatness of his work. He takes care of your limitations in relation to all planets. Jupiter in the wrong position, you tend to be a glutton. But then through the work of Master Yoga instead of applying Jupiter on food, he starts applying it on books and he starts eating books. He gains lot of comprehension. It is only a matter of reorienting the planets. This is how he gave lot of remedial measure through astrology. What is considered to be a disadvantage can turn out to be an advantage. Saturn-Mars - if they are in conjunction, it is said to be a very difficult situation. One is a very slow planet while the other is a very fast planet. Mars just flies while Saturn moves at snail speed. If you have a conjunction of Saturn-Mars, it is like marrying a horse with a bull. If you tie a horse and a bull to a cart, how difficult is it? When 2 extremely opposing things are together, the Master sees a higher dimension that one brings balance to the other. The force of Mars is controlled by Saturn and the lethargy of Saturn is motivated by Mars. This is how he interprets.

Likewise he gave a different dimension of astrology and that is what he dictated to Master EK which came out as Spiritual Astrology. Similar dimensions also came out through Esoteric Astrology, which is dictated to Madam Bailey by Master DK. This is the new age astrology that came out after the advent of the Master energy. That is why Master CVV says, "Do not go by the traditional astrology. If you understand the new astrology, you do better".

The new astrology considers Pluto, Neptune and Uranus additional, apart from the 7 planets and 2 nodes. It's a dimension.

Master made use of astrology with every student to make him roundsome. Most of the students of the Master tend to be manoeuvres of astrology taught from within. Every student in the West of the Master, they know their ascendant, their sun sign, their moon sign and their meridian. It is necessary to know what you are by your energy so that you know what your limitations and strengths are. You also know how to transform your limitations into strengths. And mostly in this route the Master takes the scan. The scan enables him to see through these planets into your past.

He went with the solar-based Astrological system (Sayana System). During the times of Rig Veda, this country was only following Sayana System. Later came, through the influence of Egyptians, the lunar system. Lunar system is effective in certain aspects. Solar leads you by the soul while the lunar leads you by the mind and personality. So everything is seen from the standpoint of the Sun and not so much by the standpoint of Moon. It is a dimension.

Master CVV also worked with other sciences. He has his own way of interpreting the words. One asked him, "What is Master?" He said "He tears your Mass and lifts you up." Likewise he gave many dimensions.

The most important aspect is as you work with this Yoga, he does all this. He generates heat in you, he enables the prana to function, he enables you to meet your past karma and

clear it; he puts you through lot of transformations in the prayer and ultimately you land yourself in a field of light where you build a body. In the field of light, the cave of the heart, the golden cave, the body of light is slowly formed. By this you have accomplished 50% of the work. Then there is an upward movement of this body. That is the next step. All this happens in the prayers.

Master does a synthesis of prana and apana and puts you into Samana prana. It is the pulsation and the basis for respiration and that pulsation as the basis, he lifts you up. That is where you take to the 2nd bridge. You experience many dimensions of wisdom, light and sound until you reach the throat centre. After throat, you experience light and silence. It is much deeper. Then you are posited in the brow centre. There you experience the diamond light. He leads you there and on the way, he teaches you the practices.

As you reach your heart centre, you realise that you are not what you thought you were hitherto. We identified ourselves with our name, gender, family, caste, region, national identity and so on. All these are gone when you enter the heart. Each one of us is essentially a pulsating light. That is why it is referred to as a bird. That is our essential being. It gathers around it so many identities which are all mistaken identities. When I experience that I am a being, concurrently I experience that each one around me is also a being. Each one of us is eternal. The sheaths that we put around are temporary. They exist only in this incarnation. You may not be born as a male in the next life. You may not be born as an Indian. These are all facilities given in this life to work out the purpose. The dress that you put on is not what you are. The dress is temporary and you are permanent. This knowledge is realised truly. Praising you is different from the praising the sheaths that you hold. We are seemingly intelligent but absolutely innocent that we are pleased when our sheaths are praised. They are not praising you. They don't know you because they don't know themselves. Only the one who knows the being in oneself, knows the being in the other.

The realised one is the one who has separated himself from this and stays within it. That one moves up and gains knowledge. That knowledge is from higher circles. It is that knowledge that Master EK gave when he said, "These are from higher circles and there are from those whom I follow to those who follow me." It is a different field of knowledge. It comes afresh. The teaching is afresh and the writing is afresh. Each time the same topic you speak, it comes afresh. Otherwise it is the same song that you are singing every time. You should not sing in the same manner all the time. People won't listen. But if you sing the same song at different places in different ways, it is interesting.

This novelty is your cup of tea when you have grown into that dimension of your being. It is that being that moves upwards because the source of that being is in the head. That is the work relating to Brahmatva. People think ok Moksha (liberation) and Brahmatva (Realising the Brahman); it is only people when you reach your heart. If you cannot reach the state of the Indestructible One you cannot reach the Cosmic Person. From the Indestructible One to Cosmic Person, we discuss tomorrow. That concludes the scope of work of the Master in relation to us.

For the work of the Master in relation to the planet, please refer to the books "The Aquarian Master" and "Uranus".

We continue tomorrow.

Thank you.